

REGINA E RODMAN, M.D.
1900 North Loop West, Suite 370
Houston TX 77018
(713) 321-2424
dr.rodman@faceforwardhouston.com

CURRENT PRACTICE

Face Forward Houston, owner October 2019-present

PREVIOUS EMPLOYMENT

LYOS MD Plastic Surgery and Dermatology, Houston, TX April 2019- October 2019

Houston Plastic, Craniofacial and Sinus Surgery, Houston, TX August 2016-April 2019

VA Hospital, Syracuse NY July 2015-July
2016

FELLOWSHIP TRAINING

SUNY Upstate, Syracuse NY July 2015- June 2016
Facial Plastics and Craniomaxillofacial Surgery

POST GRADUATE TRAINING

University of Texas Health Science Center, Houston TX
Otolaryngology Resident May 2012-June 2015

University of Texas Medical Branch, Galveston TX
Otolaryngology Resident July 2010-May 2012

St. Joseph Hospital, Chicago IL
General Surgery Internship June 2009-June 2010

EDUCATION

Rush University Medical College Sept 2005-2009
Study Abroad: Cacha Medical Spanish Institute, Riobamba Ecuador July-August 2006
Spanish Abroad, Inc, Tamarindo and Manuel Antonio, Costa Rica October 2008

Post Baccalaureate Pre Medical Program, Loyola University Chicago 2003- 2004

Bachelor of Arts, Macalester College, St Paul, MN August 1997- May 2001
Major: Anthropology Minor: Biology
Study Abroad: School for International Training, Kenya Tanzania and Uganda Spring 2000

MISSION WORK

Cleft and Craniofacial Mission, Indore and Ujjain India, The India Project, Inc. January 2019

Cleft and Craniofacial Mission, Indore and Ujjain India, The India Project, Inc. January 2018

Cleft and Craniofacial Mission, Antigua Guatemala, Faith in Practice May 2016

AWARDS AND GRANTS

Texas Rising Star, Texas Magazine SuperDoctors Edition 2019

Texas Rising Star , Texas Magazine SuperDoctors Edition	2018
RealSelf 500 Doctor , voted into the top 500 cosmetic surgeons internationally	2018
Houston Top Doctor , H-Texas Magazine	2017
Texas Rising Star , Texas Magazine SuperDoctors Edition	2017
RealSelf Top Doctor Realself.com	2016
Resident of the year , University of Texas at Houston	2014-2015
1st place winner , Houston Society of Otolaryngology Resident Research Competition	May 2013
Resident Leadership Grant , AAO-HNS 2012	September

LEADERSHIP EXPERIENCE

Delegate , Texas Medical Association House of Delegates	2018-present
--	--------------

Young Physician Ambassador, Harris County Medical Society Western Branch
2017-present

University of Texas Health Science Center at Houston

Chief Resident , University of Texas Health Science Center, Houston TX	2014-2015
---	-----------

Program Representative , AAO-HNS Section for Residents and Fellows	2010-present
---	--------------

Rush University Medical College

Medical School Delegate , Illinois State Medical Society	2006-2008
---	-----------

Medical School Delegate , American Medical Association	2006-2008
---	-----------

Elected Class Representative Organization of Student Representatives, AAMC	2005-2009
---	-----------

Student Representative , Department of Behavioral Science Chair Search Committee	April 2007-2009
---	-----------------

Honor Code Development Committee Member	April 2007- 2009
--	------------------

Macalester College

Chair , Women in Math and Science	1999-2001
--	-----------

Chair , Women in Action	1999-2001
--------------------------------	-----------

Captain , Women's Rugby Team	2000-2001
-------------------------------------	-----------

RESEARCH, PUBLICATIONS AND PRESENTATIONS

Current Research

Rodman R, Robles C, Johnson M, Tatum S

We will determine the best material to generate new bone growth using a critical sized defect of rat calvarium. We mix two different bone cements with three different bioactive materials and determine new bone growth via stereology. Our goal is to determine which combination facilitates new bone growth most rapidly without compromising structural integrity.

Peer Reviewed Publications

Rodman R, Sturm AK. Hairline Restoration: Difference in Men and Women; Length and Shape. *Facial Plastic Surgery*. 2018 Apr;34(2):155-158

Rodman R Cosmetic Bone Contouring. *Current Opinion in Otolaryngology Head Neck Surg*. 2017 Aug;25(4):337-340

Rodman R, Kridel R. A staging system for revision rhinoplasty. *JAMA Facial Plastic Surgery*. 2016 Jul 1;18(4):305-11

Rodman R, Simukayi M, Dupuis C, Spratt H, Underbrink M. Genetic Dysregulation in Recurrent Respiratory Papillomatosis. *Laryngoscope*. 2014 August 124(8)

Venkatesen NN, **Rodman RE**, Mukerji SS. Post tonsillectomy hemorrhage in children with hematological abnormalities. *Int J Pediatric Otorhinolaryngol*. 2013 Jun; 77(6):959-63

Rodman R, Boenke M, Venkatesen N, Pine H. Discharge After Tonsillectomy in Pediatric Sleep Apnea Patients. *Int J Pediatr Otorhinolaryngol*. 2013 May; 77(5); 682-5

Rodman R, Dutton J. Endoscopic Neural Blockade for Rhinogenic Headache and Facial Pain: 2011 update. *International forum of Allergy and Rhinology*. 2012 Jul-Aug; 2(4):325-30

Rodman R, Wilson T, Connolly M, Podbielski B. Ischemic Colitis Secondary to Ergotamine Use: A Case Study. *Case Rep in Gastroenterol*. 2011 Jan; 5(1):1-4

Mims M, **Rodman R**, Kridel R. Lower eyelid tightening with the Kuhnt-Szymanowski repair: An adjunct to lower eyelid blepharoplasty.

Undergoing revision after submission to Aesthetic Surgery Journal

Book Chapters

Rodman R, Kellman R. Principles of bone healing and plating. In: Desai S, *Facial Plastic and Reconstructive Surgery; A Clinical Reference Guide*. San Diego, CA; Plural Publishing; 2016.

Rodman R, Kellman R. Mandible Fractures. . In: Desai S, *Facial Plastic and Reconstructive Surgery; A Clinical Reference Guide*. San Diego, CA; Plural Publishing; 2016.

Rodman R, Kellman R. Orbital, Naso-orbital ethmoid, and nasal bone fractures. . In: Desai S, *Facial Plastic and Reconstructive Surgery; A Clinical Reference Guide*. San Diego, CA; Plural Publishing; 2016.

Rodman R, Kellman R. Midface and panfacial fractures. . In: Desai S, *Facial Plastic and Reconstructive Surgery; A Clinical Reference Guide*. San Diego, CA; Plural Publishing; 2016.

Rodman R, Kellman R. Frontal Sinus Fractures. . In: Desai S, *Facial Plastic and Reconstructive Surgery; A Clinical Reference Guide*. San Diego, CA; Plural Publishing; 2016.

Rodman R, Kellman R. Controversies in the management of the facial trauma patient. *Facial Plastic Surgery Clinics of North America*, 2016 August; 24(3):255-254.

Rodman R, Tatum S. Controversies in the management of cleft lip and palate. *Facial Plastic Surgery Clinics of North America*, 2016 August; 24(3):299-308

Rodman R, Pine HS. The Otolaryngologist's Approach to the Down Syndrome Patient. *Clinics of Otolaryngology, Pediatric Challenges in Multi-System Disease*. 2012 Jun; 45(3):599-629

Conference Oral Presentations and Invited Talks

Rodman, R Facial Feminization in everyday practice
Panel presentation at AAFPRS Annual Meeting, October 2019, San Diego CA

Rodman, R A surgical solution to trigger point headaches
Oral presentation at AAFPRS Annual Meeting, October 2019, San Diego CA

Rodman, R Nerve decompression for headaches
Oral presentation, AAFPRS International meeting, October 2018, Dallas TX

Rodman, R, Challenging cases in trauma reconstruction
Expert panel discussion, AAFPRS International meeting, October 2018, Dallas TX

Rodman R, Cytokine Dysregulation in Recurrent Respiratory Papillomatosis.
Oral Presentation, Resident Research Competition, Houston Society of Otolaryngology, April 2013, Houston TX

Rodman R, Simukayi M, Dupuis C, Spratt H, Underbrink M. Genetic Dysregulation in Recurrent Respiratory Papillomatosis. Oral Presentation, Triological Society, COSM April 2013, Orlando FL

Rodman R, Common ENT Consults.
Department of Internal Medicine Grand Rounds, University of Texas Medical Branch, April 2012, Galveston TX
Invited by Department of Internal Medicine Program Director

Rodman R, Connolly M, Podbielski F. Ischemic Colitis Secondary to Ergotamine Use.
Oral Presentation, International College of Surgeons Annual Meeting 2010, Denver CO

Rodman R, Anthropology in the Real World: The application of Ethnographic Interviewing to Medical Practice
Spradley Society guest lecture series, Macalester College, October 2007, St. Paul, MN
Invited by the Chair of the Macalester College Anthropology Department

Conference Poster Presentations

Jensen B, **Rodman R**, Weinstock EY. Immune Suppression and p16+ tumors: A case study of a unique presentation of head and neck squamous cell carcinoma and review of the literature.
Presented at 2014 AAOHNS World Congress, New York NY

Rodman R, Kridel R. A Staging System for Revision Rhinoplasty.
Presented at AAFPRS annual meeting 2013, New Orleans LA

Jensen B, **Rodman R**, Weinstock Y. Complete Erosion of the Nasal Septum, Inferior Turbinate and Hard Palate in an Immunosuppressed Patient: A unique presentation of head and neck squamous cell carcinoma. Presented Advances in Oncology conference 2013, Houston, TX

Rodman R, Boenke M, Pine H. Discharge after Tonsillectomy in Pediatric Patients with Obstructive Sleep Apnea. Poster presented COSM 2012, San Diego CA

Venkatesan N, **Rodman R**, Mukerji S. The Risk of Post Operative Hemorrhage after Tonsillectomy in Patients with Bleeding Disorders. Presented at AAO HNS Academy Meeting 2011, San Francisco CA

Rodman R, Dutton J. Endoscopic Neural Blockade for Rhinogenic Headache and Facial Pain. Poster presented at COSM 2011, Chicago IL

Rodman R, Cappelle Q, Pritikin J. A Comparison of Functional Endoscopic Sinus Surgery: Balloon Catheter Dilation vs. Microdebrider. Poster presentation at COSM 2011, Chicago, IL

Other Research

Development of CappsDATA: Computer Aided, Person to Person services: Design, Administration, Tracking and Analysis. Patent #6,640,212

Alternatives for People with Autism, Brooklyn Park MN 2001- 2003

Senior Thesis, “Bioenergy and Acupuncture: Does it Really Work?” *Macalester College* 2001
A review of the scientific data behind the practice of acupuncture and insight into two local practices

Independent Research Project, “HIV and Cultural Change” *School for International Training, Kenya* 2000
A comparative study of HIV awareness and prevention between women in Tanzania, Uganda and Kenya

Local Presentations

Facial Reanimation
SUNY Upstate University, Syracuse NY January 2016

Controversies and Developments in Cleft and Craniofacial Surgery
SUNY Upstate University, Syracuse NY October 2015

Lower eyelid tightening with the Kuhnt-Szymanowski repair: A new look at an old technique.
Otorhinolaryngology Frontiers, Houston TX June 2015

Craniosynostosis: An overview
University of Texas Health Science Center at Houston, CORE lecture May 2015

Laryngeal fractures
Interdisciplinary facial trauma conference, University of Texas Health Science Center at Houston November 2014

Nasoorbitoethmoid and nasal bone fractures
Interdisciplinary facial trauma conference, University of Texas Health Science Center at Houston March 2014

A Staging system for revision rhinoplasty
Otorhinolaryngology Frontiers, Houston TX June 2014

Challenging case presentations in facial plastic surgery Otorhinolaryngology Frontiers, Houston TX	June 2014
Congenital Anomalies of the External Ear: Surgical Techniques for Repair University of Texas Health Science Center at Houston, CORE Lecture	November 2013
Wound Healing: Clinical and Cosmetic Application of Basic Science University of Texas Health Science Center at Houston, Grand Rounds	October 2013
Cytokine Dysregulation in Recurrent Respiratory Papillomatosis Otorhinolaryngology Frontiers, Houston TX	June 2013
Eyelid Reconstruction and Oculoplastics for the Otolaryngologist University of Texas Health Science Center at Houston, Grand Rounds	October 2012
Facial Analysis of the Rhinoplasty Patient University of Texas Medical Branch, Interdisciplinary Facial Plastics Conference	March 2012
Tumors of the Hard Palate and Reconstructive Options University of Texas Medical Branch, Grand Rounds	April 2011

MEETINGS ATTENDED

AAFPRS Annual Meeting	San Diego, CA	October 2019
Rhinoplasty meeting	Orlando, FL	April 2019
AAFPRS Annual Meeting	Dallas, TX	October 2018
TexMed, Texas Medical Association Annual Meeting	San Antonio, TX	May 2018
AAFPRS Annual Meeting	Phoenix, AZ	October 2017
AAFPRS Annual Meeting	Nashville, TN	October 2016
AAFPRS Annual Meeting	Dallas, TX	October 2015
AAO-HNS Academy Annual Meeting	Dallas, TX	September 2015
Combined Otolaryngology Spring Meeting	Boston, MA	April 2015
Synthes Advanced Maxillofacial Trauma Symposium	Houston, TX	September 2014
Synthes Advanced Maxillofacial Trauma Symposium	Houston, TX	September 2013
Combined Otolaryngological Spring Meeting	Orlando, FL	April 2013
Advances in Orbital Oncology and Oculofacial Plastic Surgery	MD Anderson Houston, TX	February 2013
Synthes Advanced Maxillofacial Trauma Symposium	Houston, TX	November 2012
Current Concepts in Head and Neck Surgery, MD Anderson Cancer Center	Houston TX	November 2012

Combined Otolaryngological Spring Meeting, poster presentation	San Diego, CA	April 2012
AAO-HNS Annual Meeting	San Francisco, CA	September 2011
Combined Otolaryngological Spring Meeting, poster presentation	Chicago, IL	April 2011
Mastery of Head and Neck Reconstruction and Skull Base Surgery	Houston, TX	February 2011
Current Concepts in Head and Neck Surgery, MD Anderson Cancer Center	Houston TX	November 2010
International College of Surgeons Annual Meeting	Denver, CO	April 2010

PROFESSIONAL ASSOCIATIONS

Fellow Member, American Academy of Facial Plastic and Reconstructive Surgeons
 Fellow Member, American Association Otolaryngology Head and Neck Surgery
 Junior Fellow, International College of Surgeons
 Member, American Medical Association
 Member, Texas Medical Association
 Member, Harris County Medical Society
 Member, Houston Society of Otolaryngology

PROFESSIONAL EXPERIENCE

Staff Associate	<i>Association of Oral and Maxillofacial Surgeons, Rosemont IL</i>	2004- 2005
	Coordination of Cleft Palate and Craniofacial Anomalies Committee	
	Distribution of International Volunteer Program Information	
	Managed resident affairs committee	
Program Manager	<i>Alternatives for People with Autism, Brooklyn Park, MN</i>	2002- 2003
	Supervised staff of 15-20 direct caregivers	
	Managed program development and skill acquisition for 5 autistic clients	
	Lead quarterly interdisciplinary progress meetings for each client	
Program Coordinator	<i>Alternatives for People with Autism</i>	2001-2002
	Directly supervised staff of direct caregivers during shifts	
	Assisted with program development based on real time progress data	

VOLUNTEER EXPERIENCE

RCSIP Volunteer,	<i>Rush University, Chicago IL</i>	2005- 2009
	Community Health Clinic Volunteer, a free clinic on Chicago's west Side	
	Franciscan Clinic Volunteer, a clinic set up in a homeless shelter	
	Medical Mobile Van Volunteer, a mobile clinic providing health care to the homeless living on the streets	
	Pilsen Clinic Volunteer, a free clinic serving a predominantly Latino population	
Advocate,	<i>Women's Treatment Center, Chicago, IL</i>	
	2003- 2010	
Teaching Assistant,	<i>Shriners' Orthopedic Hospital, St Paul, MN</i>	1998-2000

PERSONAL

Crossfit
 Latin Dance
 Running

Biking