

REGINA E RODMAN
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CURRENT PRACTICE

Face Forward Houston	October 2019-present
CosmeSurge Dubai	November 2022-present

PREVIOUS EMPLOYMENT

LYOS MD Plastic Surger, Houston, TX	April 2019- October 2019
Houston Plastic, Craniofacial and Sinus Surgery, Houston, TX	August 2016-April 2019
VA Hospital, Syracuse NY	July 2015-July 2016

FELLOWSHIP TRAINING

SUNY Upstate, Syracuse NY Facial Plastics and Craniomaxillofacial Surgery	July 2015- June 2016
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POST GRADUATE TRAINING

University of Texas Health Science Center, Houston TX Otolaryngology Resident	May 2012-June 2015
University of Texas Medical Branch, Galveston TX Otolaryngology Resident	July 2010-May 2012
St. Joseph Hospital, Chicago IL General Surgery Internship	June 2009-June 2010

EDUCATION

Rush University Medical College	Sept 2005-2009
Study Abroad: Cacha Medical Spanish Institute, Riobamba Ecuador	July-August 2006
Spanish Abroad, Inc, Tamarindo and Manuel Antonio, Costa Rica	October 2008
Post Baccalaureate Pre Medical Program, Loyola University Chicago	2003-2004
Bachelor of Arts, Macalester College, St Paul, MN	August 1997- May 2001
Major: Anthropology Minor: Biology	
Study Abroad: School for International Training, Kenya Tanzania and Uganda	Spring 2000

MISSION AND VOLUNTEER WORK

Mentor, TWST4 Girls	September 2022-Aug 2023
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Cleft and Craniofacial Mission, Indore and Ujjain India, The India Project, Inc. 2019	January
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Cleft and Craniofacial Mission, Indore and Ujjain India, The India Project, Inc.	January 2018
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Cleft and Craniofacial Mission, Antigua Guatemala, Faith in Practice	May 2016
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AWARDS AND GRANTS

SuperDoctor , Texas Magazine SuperDoctors Edition	2025
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SuperDoctor , Texas Magazine SuperDoctors Edition	2024
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SuperDoctor , Texas Magazine SuperDoctors Edition	2023
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SuperDoctor , Texas Magazine SuperDoctors Edition	2022
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SuperDoctor , Texas Magazine SuperDoctors Edition	2021
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Texas Rising Star , Texas Magazine SuperDoctors Edition	2020
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Texas Rising Star , Texas Magazine SuperDoctors Edition	2019
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Texas Rising Star , Texas Magazine SuperDoctors Edition	2018
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RealSelf 500 Doctor , voted into the top 500 cosmetic surgeons internationally	2018
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Houston Top Doctor , H-Texas Magazine	2017
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Texas Rising Star , Texas Magazine SuperDoctors Edition	2017
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RealSelf Top Doctor Realself.com	2016
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Resident of the year , University of Texas at Houston	2014-2015
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1st place winner , Houston Society of Otolaryngology Resident Research Competition	May 2013
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Resident Leadership Grant , AAO-HNS 2012	September
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LEADERSHIP EXPERIENCE

Chair , American Academy of Facial Plastic Surgeons annual meeting	Oct 2025
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Vice Chair , Subcommittee on gender affirming care AAFPRS	2022-present
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Member , Women in Facial Plastic Surgery Committee	2016- present
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Member , Reconstructive Surgery Committee AAFPRS	2016- present
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Delegate , Texas Medical Association House of Delegates	2018-2020
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Young Physician Ambassador, Harris County Medical Society Western Branch 2017-2020

University of Texas Health Science Center at Houston

Chief Resident, University of Texas Health Science Center, Houston TX 2014-2015

Program Representative, AAO-HNS Section for Residents and Fellows 2010-present

Rush University Medical College

Medical School Delegate, Illinois State Medical Society 2006-2008

Medical School Delegate, American Medical Association 2006-2008

Elected Class Representative Organization of Student Representatives, AAMC 2005-2009

Student Representative, Department of Behavioral Science Chair Search Committee April 2007-2009

Honor Code Development Committee Member April 2007- 2009

Macalester College

Chair, Women in Math and Science 1999-2001

Chair, Women in Action 1999-2001

Captain, Women's Rugby Team 2000-2001

RESEARCH, PUBLICATIONS AND PRESENTATIONS

Peer Reviewed Publications

Speigel J, **Rodman R**, Alperovich, M, Rodriguez, L, Knott D, Schecter L. Best Educational and Surgical Practices in Facial Gender Affirmation Surgery, An Expert Panel Discussion *Facial Plastic Surgery and Aesthetic Medicine*. 2022 Nov-Dec;24(S2)

Rodman, R Haben, CM. **Editors**

Gender Affirmation Surgery in Otolaryngology. *Clinics of Otolaryngology*. Elsevier August 2022.

Rodman, R, Haben CM. Preface. *Otolaryngology Clinics of North America*. 2022 Aug;55(4):xvii-xviii

Rodman, R. Current Trends in Facial Feminization Surgery. *Current Opinion in Otolaryngology and Head and Neck Surgery*. 2022 Aug 1;20(4): 249-253

Rodman, R. Invited Commentary: Sex Differences in adult facial 3D morphology: Application to gender affirming facial surgery. *Facial Plastic Surgery and Aesthetic Medicine*. 2022 Nov-Dec;24(S2):S31-S32

Rodman, R, Sturm AK. Hairline Restoration: Difference in Men and Women; Length and Shape. *Facial Plastic Surgery*. 2018 Apr;34(2):155-158

Rodman R Cosmetic Bone Contouring. *Current Opinion in Otolaryngology Head Neck Surg*. 2017 Aug;25(4):337-340

Rodman R, Kridel R. A staging system for revision rhinoplasty. *JAMA Facial Plastic Surgery*. 2016 Jul 1;18(4):305-11

Rodman R, Simukayi M, Dupuis C, Spratt H, Underbrink M. Genetic Dysregulation in Recurrent Respiratory Papillomatosis. *Laryngoscope*. 2014 August 124(8)

Venkatesen NN, **Rodman RE**, Mukerji SS. Post tonsillectomy hemorrhage in children with hematological abnormalities. *Int J Pediatric Otorhinolaryngol*. 2013 Jun; 77(6):959-63

Rodman R, Boenke M, Venkatesen N, Pine H. Discharge After Tonsillectomy in Pediatric Sleep Apnea Patients. *Int J Pediatr Otorhinolaryngol*. 2013 May; 77(5); 682-5

Rodman R, Dutton J. Endoscopic Neural Blockade for Rhinogenic Headache and Facial Pain: 2011 update. *International forum of Allergy and Rhinology*. 2012 Jul-Aug; 2(4):325-30

Rodman R, Wilson T, Connolly M, Podbielski B. Ischemic Colitis Secondary to Ergotamine Use: A Case Study. *Case Rep in Gastroenterol*. 2011 Jan; 5(1):1-4

Book Chapters

Rodman R, Gomez L, Gray L. Facial Implants: Chin and Jaw. In: Mohan, ed. *Manual of Cosmetic Medicine and Surgery_ Volume 4_ Cosmetic Procedures of the Face*. Springer. Coming Fall 2025.

Wang, M **Rodman, R**. Gender Affirmation Surgery; Techniques for Feminizing the Chin. *Facial Plastic Surgery Clinics of North America*. 2023 Aug;31(3):419-431.

Rodman R, Kellman R. Principles of bone healing and plating. In: Desai S, *Facial Plastic and Reconstructive Surgery; A Clinical Reference Guide*. San Diego, CA; Plural Publishing; 2016.

Rodman R, Kellman R. Mandible Fractures. . In: Desai S, *Facial Plastic and Reconstructive Surgery; A Clinical Reference Guide*. San Diego, CA; Plural Publishing; 2016.

Rodman R, Kellman R. Orbital, Naso-orbital ethmoid, and nasal bone fractures. . In: Desai S, *Facial Plastic and Reconstructive Surgery; A Clinical Reference Guide*. San Diego, CA; Plural Publishing; 2016.

Rodman R, Kellman R. Midface and panfacial fractures. . In: Desai S, *Facial Plastic and Reconstructive Surgery; A Clinical Reference Guide*. San Diego, CA; Plural Publishing; 2016.

Rodman R, Kellman R. Frontal Sinus Fractures. . In: Desai S, *Facial Plastic and Reconstructive Surgery; A Clinical Reference Guide*. San Diego, CA; Plural Publishing; 2016.

Rodman R, Kellman R. Controversies in the management of the facial trauma patient. *Facial Plastic Surgery Clinics of North America*, 2016 August; 24(3):255-254.

Rodman R, Tatum S. Controversies in the management of cleft lip and palate. *Facial Plastic Surgery Clinics of North America*, 2016 August; 24(3):299-308

Rodman R, Pine HS. The Otolaryngologist's Approach to the Down Syndrome Patient. *Clinics of Otolaryngology, Pediatric Challenges in Multi-System Disease*. 2012 Jun; 45(3):599-629

Conference Oral Presentations and Invited Talks

Hairline Advancement Tips and Tricks GAC meeting in Miami FL Nov 2024

Lip Lift in Young Patients: A different surgery for a different generation GAC meeting in Miami FL Nov 2024

Controversies in Gender Affirming Care, panel discussion AAFPRS annual meeting, New Orleans LA Oct 2024

Gender Affirming Care in Otolaryngology, expert talk at AAO HNS annual meeting Miami, FL Sept 2024

Genioplasty; 3 techniques to Change the Shape, Size, and Position of the Chin, PARCS International Meeting Nov 2023, Dubai UAE

The Snatched Jawline; Using Helium Plasma in Lower Face Contouring, PARCS International Meeting Nov 2023, Dubai UAE

Hairline Advancement; Markings for a Natural Result, PARCS International Meeting Nov 2023, Dubai UAE

Women in Charge; Unique Challenges by Women Surgeon Private Practice Owners, expert panel discussion, AAFPRS Sept 2023, Las Vegas NV

Opinions in Facial Feminization Surgery; A panel discussion, September 2023, Las Vegas NV

Three techniques for Genioplasty, AAFPRS Meeting September 2023, Las Vegas NV

Hairline Advancement; Pearls and Pitfalls, Multispeciality Aesthetic Meeting August 2023, San Diego CA

Brow Bossing and Orbital Rim Reduction; The Ultimate Adjunct to a Browlift, Multispeciality Aesthetic Meeting August 2023, San Diego CA

The Suture Mini-Lift; A Small Incision with a Big Result, Multispeciality Aesthetic Meeting August 2023, San Diego CA

New Technologies; Helium Plasma Skin Resurfacing, expert panel, Multispeciality Aesthetic Meeting August 2023, San Diego CA

Hairline Advancement; A face changing procedure; Facial Plastic Surgery International Meeting January 2023, Grand Cayman

Helium Plasma combined with Jaw Surgery; Skin Tightening is the perfect addition to jaw contouring; Facial Plastic Surgery International Meeting, January 2023 Grand Cayman

Soft Tissue Management in Facial Feminization Surgery; Expert Panel, AAFPRS Meeting Oct 2022 Washington DC

Facial Feminization, Gender Infinity Conference Sept 2022, Houston TX

Facial Masculinization, Gender Infinity Conference Sept 2022, Houston TX

Renuvion in lower face contouring, Vegas Cosmetic Show June 2022, Las Vegas NV

Facial Feminization; Starting a Niche Practice. Oral presentation, AAFPRS spring meeting May 2022, Miami FL

The suture mini lift; a small technique with a big result. Oral presentation, AAFPRS meeting May 2022, Miami FL

Jaw Implants with Renuvion, the 1-2 punch. Oral presentation, AAFPRS spring meeting May 2022

10 things I wish I'd known when starting a practice. Oral presentation, AAFPRS meeting May 2022

Renuvion in Facial Feminization Surgery; an adjunct to jaw reduction. Renuvion User's Meeting, March 2022

Las Vegas NV

Gender Affirming Surgery, UT Houston Dept of Plastic Surgery Grand Rounds Feb 2022, Houston TX

The triple osteotomy (T) genioplasty. Oral presentation, AAFPRS annual meeting October 2021, Virtual

The pros and cons of live surgery on social media, Oral Presentation, AAFPRS meeting October 2021, Virtual

Gender Affirming Surgeries; Techniques for Adam's Apple Reduction, Live Panel, AAFPRS annual meeting October 2021 Virtual

Facial Feminization, Gender Infinity Conference 2021, Houston TX virtual

Facial Masculinization, Gender Infinity Conference 2021, Houston TX virtual

Facial Feminization Surgery; Techniques to Feminize the Upper Face, COSM meeting, April 2021, virtual

Nerve decompression for headaches, AAFPRS International meeting, October 2018, Dallas TX

Challenging cases in trauma reconstruction, Expert panel discussion, AAFPRS International meeting, October 2018, Dallas TX

Facial Feminization, Gender Infinity Conference 2018, Houston TX

Facial Masculinization, Gender Infinity Conference 2018, Houston TX

Cytokine Dysregulation in Recurrent Respiratory Papillomatosis. Resident Research Competition, Houston Society of Otolaryngology, April 2013, Houston TX

Genetic Dysregulation in Recurrent Respiratory Papillomatosis, Triological Society, COSM April 2013, Orlando FL

Common ENT Consults, Department of Internal Medicine Grand Rounds, University of Texas Medical Branch, April 2012, Galveston TX

Ischemic Colitis Secondary to Ergotamine Use, International College of Surgeons Annual Meeting 2010, Denver CO

Anthropology in the Real World: The application of Ethnographic Interviewing to Medical Practice
Spradley Society guest lecture series, Macalester College, October 2007, St. Paul, MN

Conference Poster Presentations

Jensen B, **Rodman R**, Weinstock EY. Immune Suppression and p16+ tumors: A case study of a unique presentation of head and neck squamous cell carcinoma and review of the literature.
Presented at 2014 AAOHNS World Congress, New York NY

Rodman R, Kridel R. A Staging System for Revision Rhinoplasty.
Presented at AAFPRS annual meeting 2013, New Orleans LA

Jensen B, **Rodman R**, Weinstock Y. Complete Erosion of the Nasal Septum, Inferior Turbinate and Hard Palate in an Immunosuppressed Patient: A unique presentation of head and neck squamous cell carcinoma.
Presented Advances in Oncology conference 2013, Houston, TX

Rodman R, Boenke M, Pine H. Discharge after Tonsillectomy in Pediatric Patients with Obstructive Sleep Apnea. Poster presented COSM 2012, San Diego CA

Venkatesan N, **Rodman R**, Mukerji S. The Risk of Post Operative Hemorrhage after Tonsillectomy in Patients with Bleeding Disorders. Presented at AAO HNS Academy Meeting 2011, San Francisco CA

Rodman R, Dutton J. Endoscopic Neural Blockade for Rhinogenic Headache and Facial Pain. Poster presented at COSM 2011, Chicago IL

Rodman R, Cappelle Q, Pritikin J. A Comparison of Functional Endoscopic Sinus Surgery: Balloon Catheter Dilation vs. Microdebrider. Poster presentation at COSM 2011, Chicago, IL